



**Temple Shaaray Tefila**

Celebrate • Learn • Pray • Connect

# High Holy Days 5783





Temple Shaaray Tefila is a Reform Jewish congregation with a traditional spirit. We celebrate, teach, and observe the most worthy values and ideals of our Jewish tradition: Torah, mitzvah, and tzedakah. In doing so, we connect our members and their families to each other, to the greater Jewish community, and to Israel. Anyone who seeks a warm and vibrant Jewish community will feel comfortable in our congregation.





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## Welcome to the 5783 High Holy Day Observances!

Dear Friends,

As we anticipate our High Holy Days, our Jewish tradition summons us to consider how we are living and what we are living for. Did we make the most of our days and the year that has just passed?

An 18th century sage named Rabbi Nachman taught that “if a person does not judge himself, all things judge him, and all things become messengers of God.” That is to say that every day we make entries into the “Book of Life” that describe who and what we are and the values by which we are living our lives. And so, we share this sacred time when we judge ourselves, even as God is also judging us.

And so, the compelling questions of our High Holy Days: Am I living as fully as I could be living? Are my actions consistent with my words and with my capabilities? And do I place enough value upon the right things, or too much value on the wrong things? Yes, those are the questions that are behind the prayers that we shall recite together, and they are questions that challenge our hearts and our minds.

For each of us, may this hopeful time be one of spiritual renewal. And may we be granted the wisdom and the courage to confront and answer the questions that are at the heart of these sacred days. To you and ones you love, may this new year bring much blessing into our lives as we realize that being alive is the most precious gift of all.

### ***Shanah Tovah u'Metukah***

Rabbi David Wilfond

Rabbi David Greenberg

Cantor Ines Kaptustiansky





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Dear Shaaray Tefila Community,

The cycle of our year is remarkable. Intellectually, I know that the summer will come to an end, yet emotionally it's always bittersweet as the Fall season will begin. Magically the days grow shorter, the nights have a chill, the leaves turn their brilliant colors, and the apples appear. After I say my goodbye to the long, warm days of summer, then I soon turn to welcome the Jewish High Holy Days.

There is always lots to do with the arrival of Fall, getting kids ready for school, coming back to a full week's schedule, and preparing for the High Holy Days. That moment you come to Caramoor, virtually or in person, the moment we all step into the tent, is the time to focus on our own renewal. I hope it's a meaningful time for each of us to reflect and refresh.

This important time in the Jewish calendar brings us back to a space physically and mentally to pray and sing, forgive, and ask for forgiveness. We can all use a restart to restore our balance, to heal, and connect with family and friends. When we dip our apples in honey on Rosh Hashanah and cut our round challah to signify the cycle of the year and the significance of the holiday, or when you hear the sound of the Shofar, I hope that each of you and your family feels rejuvenated and at least a little more whole.

The cycle of our year is remarkable. Let's make the most of this year.

***Happy New Year, L'Shanah Tovah,***

Sharon Feldman  
President



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## How old will you be in seven years if you don't go to medical school (or fulfill any other ambition)?

- Pauline Phillips ("Dear Abby")

Few of her readers realized that Abigail Van Buren, who penned the long-running "Dear Abby" advice columns from 1956 until her death in 2013, was actually a Jewish woman named Pauline Phillips from Sioux City, Iowa. One of her most famous pieces of advice was given to "Unfulfilled in Philly", who wrote that he would love to be a doctor, but if he were to return to complete college, then go to medical school, then do an internship, and finally practice medicine, it would take him seven years and he'd be 43 years old. Dear Abby's advice was priceless: "How old will you be in seven years if you don't do all those things?" It's better to fulfill our dreams later in life than never.

With the start of a new year, comes the powerful opportunity to assess and re-new. To re-commit to ourselves and our community. To learn from the past and gain experience going forward. This past year at Shaaray Tefila has been a year of growth, building on our learnings. This new year promises to be of even greater opportunity, meaning and joy.

My deep appreciation to the full Temple staff, who make everything possible with deep dedication, empathy and collaboration. The Shaaray community is warm and inviting, and we're honored to support each of our members, and to consider Shaaray our home.

*L'Shanah Tovah,*  
Howard Greestein  
Executive Director



Dear Temple Shaaray Tefila,

The High Holy Days are a time of self-reflection and self-assessment, a time to start fresh with the new knowledge we've gained in a year gone by. These very same elements are at the core of the learning process at any age. We experience, we reflect, we assess and finally, in the Days of Awe, *Yamim Noraim\**, we have a chance to renew and try again. This is how we learn, and we, as Jews are ALWAYS learning. After all, we are "The People of the Book."

And on Rosh HaShanah we read from one of our many books, the story of the almost-sacrifice of Isaac at the hands of his own father Abraham. Rabbis for centuries have debated how old Isaac was when Abraham brought him up to Mount Moriah. The Hebrew of the parsha itself refers to Isaac as a 'na-ar,' meaning a "boy" or "lad" which leads us to picture him as a young boy. The later Jewish writings, the Book of Jubilees, imply that Isaac was perhaps already a teenager at 16 years old. And finally, the Talmud and later scholars propose that Isaac might have been as old as 37 years old, an adult man in his own right, born when his mother was 90 and brought to Mount Moriah just before her passing at the age of 127...but what does it matter? Whatever his age, Isaac bears witness to this extraordinary test of faith that his father endures and internalizes its teachings. He will become the father of our people continuing Abraham's legacy.

As God says to Abraham in this very same parsha, *"I will bestow My blessing upon you and make your descendants as numerous as the stars of heaven and the sands on the seashore; and your descendants shall seize the gates of their foes. All the nations of the earth shall bless themselves by your descendants, because you have obeyed My command."*

Our learners of all ages at Shaaray Tefila are our numerous stars, our future. And we can confidently say that the future is looking pretty bright from the ECC all the way through senior year of High School at Temple Shaaray Tefila.

With Gratitude for a New Year educating and guiding the future at Shaaray Tefila,

The Education Team

Stephanie Ben Simon, RJE | Director of Education  
Patty Goldstick | Director of the Early Childhood Center (ECC)  
Dina Newman | Director of Teen Engagement



# HIGH HOLY DAYS 5783

## SELICHOT

AN INTERACTIVE SESSION FOR SPIRITUAL AND INTELLECTUAL PREPARATION FOR THE HIGH HOLY DAYS.  
IN THE JEWISH HERITAGE CENTER AT TEMPLE SHAARAY TEFILA. NO TICKET REQUIRED

### SELICHOT SHABBAT

FRIDAY, SEPTEMBER 16<sup>TH</sup>

SERVICE

7:00 PM

DESSERT & ONEG

8:00 PM

ROSH HASHANAH AND YOM KIPPUR SERVICES WILL BE HOSTED AT CARAMOOR.

## ROSH HASHANAH

### EREV ROSH HASHANAH

SUNDAY, SEPTEMBER 25<sup>TH</sup>

SERVICE

8:00 PM

### ROSH HASHANAH

MONDAY, SEPTEMBER 26<sup>TH</sup>

YOUNG FAMILY SERVICE

9:00 – 9:30am

(Families with Children through Grade 1)

FAMILY SERVICE

9:45- 10:30am

(Families with children Grades 2-5)

MAIN SERVICE

11:00am – 1:15pm

TEENAGE SERVICE (GRADES 6 – 12)

12:00 – 1:00pm

TASHLICH SERVICE THIS YEAR - MEMBERS ARE ENCOURAGED  
TO HOLD THEIR PERSONAL SERVICES ON THEIR OWN.  
APPROPRIATE PRAYERS AND CUSTOMS WILL BE SHARED ON THE WEBSITE.

### 2<sup>ND</sup> DAY ROSH HASHANAH

TUESDAY, SEPTEMBER 27<sup>TH</sup>

MAIN SERVICE

10:00am – 12:15pm



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# YOM KIPPUR

## KOL NIDRE

SERVICE

**TUESDAY, OCTOBER 4<sup>TH</sup>**

8:00 PM

## YOM KIPPUR

**WEDNESDAY, OCTOBER 5<sup>TH</sup>**

YOUNG FAMILY SERVICE  
(FAMILY WITH CHILDREN THROUGH GRADE 1)

9:00 – 9:30am

FAMILY SERVICE

9:45 – 10:30AM

(FAMILY WITH CHILDREN GRADES 2-5)

MAIN SERVICE

11:00AM – 1:15PM

TEEN SERVICE (GRADES 6 – 12)

12:00 – 1:00PM

ADULT DISCUSSION PROGRAM

3:00 – 4:00PM

YIZKOR SERVICE

4:00 – 4:30PM

NEILAH AND CONCLUDING SERVICES

4:30 – 6:15PM



Please join us for these two continuation of High Holy Days at Temple Shaaray Tefila.  
(No tickets required)

## SHABBAT & SUKKOT

**FRIDAY, OCTOBER 14<sup>TH</sup>**

TOT SHABBAT SERVICE

5:30pm-6:00pm

DINNER UNDER THE SUKKAH

6:00 -7:00pm

SUKKOT SERVICE AND CONSECRATION

7:00 – 8:00pm



## YIZKOR

SERVICE

**MONDAY, OCTOBER 17<sup>TH</sup>**

10:00 – 10:30 AM



## SIMCHAT TORAH CELEBRATION

**FRIDAY OCTOBER 21**

SERVICE

7:30 PM

*NOTE: Building of the Sukkah will begin on October 2nd. If you would like to volunteer to help, please sign up below:*





## DESCRIPTION OF SERVICES

### MAIN SERVICE

Join Rabbi David Wilfond, Rabbi Emeritus David Greenberg, Cantor Inés Kapustiansky, and choir for our traditional High Holy Day services starting at 11:00am. Please note that we have scheduled all our services (families with young children, grade school children and teens) to allow time for parents and children to experience at least some part of our wonderful services.

### SERVICES FOR FAMILIES WITH YOUNG CHILDREN (PRE-READERS THROUGH 1<sup>ST</sup> GRADE)

Children in preschool through first grade and their parents are cordially invited to our services geared especially for children in pre-school and first grade before they are avid readers. This is a 30-minute interactive and engaging service that will enrich the High Holy Days experience for both parents and children.

### SERVICES FOR FAMILIES WITH GRADE SCHOOL CHILDREN (2<sup>ND</sup> TO 5<sup>TH</sup> GRADE AND READING REGULARLY)

These services on both Rosh Hashanah and Yom Kippur offer a complete High Holy Day service, including a Torah service. This service is designed to be fulfilling for both parents and children.

### TEEN SERVICE (GRADES 6 – 12)

This is the coolest spot in town when our teens gather on Rosh Hashanah and Yom Kippur. Great music and thought provoking service focused on reflection, forgiveness, and fresh starts for the New Year.

### 2<sup>ND</sup> DAY ROSH HASHANAH SERVICE

Services on the 2nd day of Rosh Hashanah will be led by Rabbi David Wilfond and Cantor Inés Kapustiansky. This service will be held at Caramoor in the Venetian Tent.

### YIZKOR SERVICE

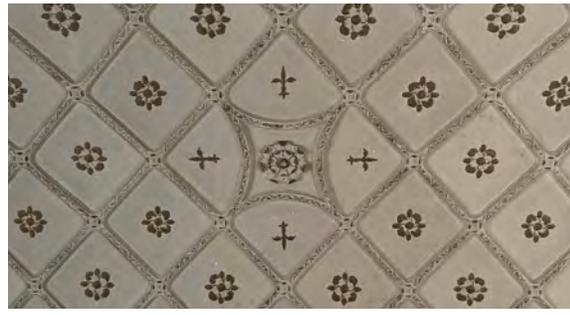
Our *Yizkor* Service will begin at 4:00pm on *Yom Kippur*. If you wish to remember a loved one in the Book of Remembrance used at this service,

[CLICK HERE TO ADD LOVED ONES IN THE BOOK OF REMEMBRANCE](#)

### NEILAH AND CONCLUDING SERVICE

Our afternoon service, led by Rabbi David Wilfond and Cantor Inés Kapustiansky, will immediately follow the *Yizkor* service and is a special way to conclude your High Holy Days.





## IMPORTANT INFORMATION

Welcome to High Holy Days at Temple Shaaray Tefila! We hope that your experience is a meaningful one. To maintain the sanctity and security of our services, and to ensure minimal inconvenience to worshippers, we have developed time-tested protocols as follows.

Please read these sections carefully. All information and additional forms are also available on our website at [shaaraytefila.org](http://shaaraytefila.org).

Thank you for your help in making our services a safe and uplifting experience for everyone.

### TICKETS

- Printed tickets will be mailed for each person in your family (including children ages 5 through 30).
- The tickets are for both *Rosh Hashanah* and *Yom Kippur*, and includes the Family Services and 2nd Day *Rosh Hashanah* and *Yizkor*.
- Please be careful not to misplace these tickets and keep them for all the High Holy Days. If tickets are lost, a fee of \$18 per ticket will be charged to cover administrative and printing costs.
- If your child (under 30) is married, you may request an additional complimentary ticket.
- Every member of your family members 5 and over must present a ticket at the gate for each service. Adults must have photo identification. No one will be admitted without a ticket and identification.
- Tickets are to be used only by the individual whose name appears on the tickets. No ticket may be transferred to another individual.
- For your convenience, the complete schedule of High Holy Day services is printed on your tickets.
- If you wish to purchase additional tickets, see pages 18 for ticket and ordering information.





## PARKING

Having hundreds of cars park quickly and safely is a big challenge. Please help us in the following ways:

- Plan to arrive before services begin. In the event of inclement weather, it becomes even more essential that you arrive early as there is no covered area in which to wait while checking in.
- Handicapped parking is available.
- A 5783 Parking Pass will be included with your tickets. This is valid for ALL services. Please do not discard it after *Rosh Hashanah*.
- Please limit one car per family. Only one Parking Pass is issued per family. Families taking more than one car to Caramoor must show their High Holy Day tickets to gain entry into the parking lot.
- The Parking Pass should be displayed on the driver side of your dashboard. Those who do not have a pass must stop and show their tickets to the security officer at the entrance. In light of our enhanced security procedures, those without a pass or tickets will be denied entry WITHOUT EXCEPTION.



## SEATING

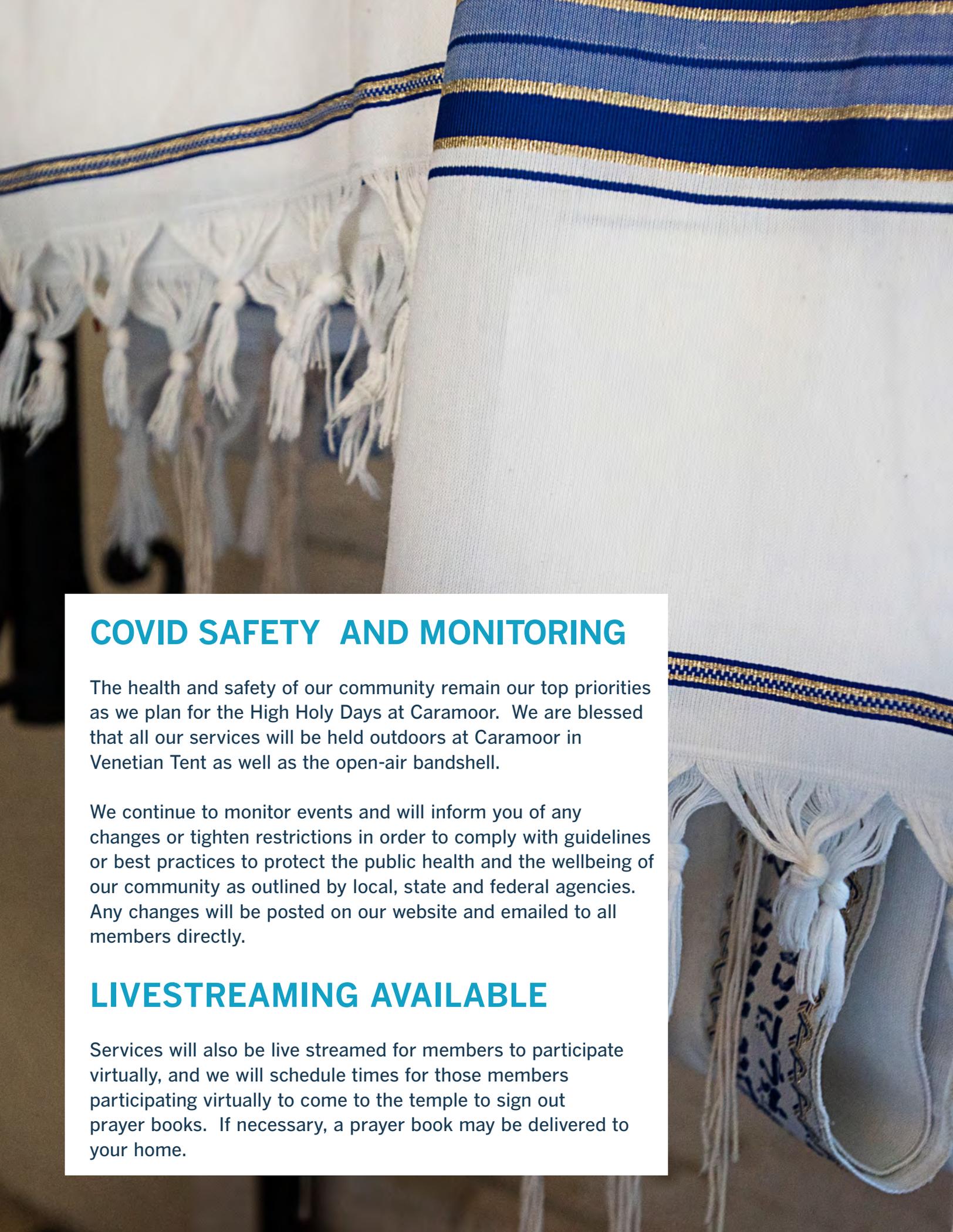
To facilitate the seating in the Main Tent, we ask that you please observe the following seating requests:

- As your family takes their seats, please do NOT save seats for friends and family members.
- If you have a part in a particular service, please either sit in the first 5 rows towards the front, or move forward 5 minutes before your part, when you'll go onto the Bima.



## DECORUM

- No one is allowed to climb trees, destroy plants, or pick flowers on the Caramoor grounds.
- Running around the tents, and loud and raucous play are also not appropriate.
- Electronic devices may not be used in any of the tents. Use of such devices in the fields outside of the tents is also discouraged.
- While we encourage children to meet with their friends before and after services, we discourage the playing of cards and other games.

A close-up photograph of a white fabric, likely a curtain or part of a religious garment, featuring horizontal stripes of blue and gold. The fabric is adorned with white tassels hanging from the top edge. The background is slightly blurred, showing more of the same fabric and tassels.

## COVID SAFETY AND MONITORING

The health and safety of our community remain our top priorities as we plan for the High Holy Days at Caramoor. We are blessed that all our services will be held outdoors at Caramoor in Venetian Tent as well as the open-air bandshell.

We continue to monitor events and will inform you of any changes or tighten restrictions in order to comply with guidelines or best practices to protect the public health and the wellbeing of our community as outlined by local, state and federal agencies. Any changes will be posted on our website and emailed to all members directly.

## LIVESTREAMING AVAILABLE

Services will also be live streamed for members to participate virtually, and we will schedule times for those members participating virtually to come to the temple to sign out prayer books. If necessary, a prayer book may be delivered to your home.



## EXTENDED FAMILY & FRIENDS TICKETS

ADULTS WILL ONLY BE ADMITTED WITH A TICKET AND VALID PHOTO IDENTIFICATION.

You may purchase tickets for your extended family and out-of-town guests to join us at Caramoor. These tickets include access to all services including: Family Service, Main Service & Teenage Service for both Rosh Hashanah and Yom Kippur. Email any questions to: Jill Berkowitz at [jberkowitz@templest.org](mailto:jberkowitz@templest.org):

Adults: \$180 per person

Children (Ages 5 to 18): \$80 per person

Click below to purchase tickets or go online to [shaaraytefila.org](http://shaaraytefila.org) by August 31<sup>th</sup>.

[CLICK HERE TO PURCHASE EXTENDED FAMILY & FRIENDS TICKETS](#)

## YOUNG FAMILY SERVICES

Children in preschool through Grade 1 and their parents are cordially invited to our Young Family Service on Monday, September 26<sup>th</sup> (Rosh Hashanah) and Wednesday, October 5<sup>th</sup> (Yom Kippur) 9:00am each day at Caramoor in the Venetian Tent. These services are geared specifically for preschool through 1st grade children and their parents. Interactive and engaging, these delightful services will enrich your family's High Holy Day experience.

ECC Families and other Temple members with member Tickets, may attend the Young Family Service at no additional charge. Participation in the Young Family Service is also included in Extended Family & Friends tickets. If your guests have children in kindergarten or 1st grade and are interested in attending our Young Family Service, please purchase Extended Young Family & Friends tickets for \$36 per guest by clicking below or going online to [shaaraytefila.org](http://shaaraytefila.org) by August 31<sup>st</sup>. Email any questions to Jill Berkowitz at [jberkowitz@templest.org](mailto:jberkowitz@templest.org).

[CLICK HERE TO PURCHASE EXTENDED YOUNG FAMILY & FRIENDS TICKETS](#)



# 2<sup>ND</sup> DAY ROSH HASHANAH & YIZKOR SERVICES

Please note that your Member, Extended Family & Friends ticket(s), include participation in all our services.

To request tickets for guests who will attend only 2nd Day *Rosh Hashanah* and/or *Yizkor* services, please click below or go online to [shaaraytefila.org](http://shaaraytefila.org) by August 31. There is no charge for these tickets. Email any questions to: Jill Berkowitz at [jberkowitz@templest.org](mailto:jberkowitz@templest.org),

CLICK HERE TO REQUEST TICKETS



## FOOD DRIVE

On *Rosh Hashanah*, we will again have shopping bags for you to take and fill with food donations. Those will be available at Caramoor and at the Temple. You'll have the option to bring those donations back to Caramoor on *Yom Kippur*, to help us fill the Mitzvah Van. Or you can bring the food you're donating back to the Temple, anytime between *Rosh Hashanah* and *Yom Kippur*. We will also share information so that you can order and donate items online. There is great need – please be generous! Items in demand include pasta, cereal, soup, and beans. For more information, please contact:

Joyce Greenhaus. [jkgreenhaus@gmail.com](mailto:jkgreenhaus@gmail.com)  
Gary Cohn. [garyecohn@gmail.com](mailto:garyecohn@gmail.com)



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# DEDICATE A HIGH HOLY DAY PRAYER BOOK

We are excited to continue to use the Mishkan HaNefesh, the High Holy Day machzor that complements the Mishkan T'filah which Temple Shaaray Tefila has used for Shabbat Services for many years. This book offers extensive transliteration, more inclusive language and spiritual leadership in thought and writings.

Take the time to dedicate a prayer book in honor or in memory of a loved one.

[CLICK HERE](#) to dedicate a book (\$36/book)



## BOOK OF REMEMBRANCE

We are honored to provide you with the opportunity to include the names of your loved ones in our Book of Remembrance. If your loved one has been in our Book of Remembrance in the past, or if you have lost a loved one since last High Holy Days, your loved ones are already included in our list for this year and **YOU DO NOT NEED TO SUBMIT** those names again. [Please click here](#) to review the full list organized alphabetically by family name.

*\*\*\*Please check the list first to see if the names of your loved ones are already included. If you need to add or correct names, [please click here](#) and complete the form so that we can include your loved ones in the Book of Remembrance.*

**All information is due by Wednesday, August 31st.** Please email Jill Berkowitz ([jberkowitz@templest.org](mailto:jberkowitz@templest.org)) with any questions.

It is traditional to make an annual contribution to the Book of Remembrance in memory of family members or friends. You may make your contribution to the Book of Remembrance or any Temple fund in the name of your loved ones on the same form or on our website at [shaaraytefila.org](http://shaaraytefila.org).



REMEMBER

פנינו לא ללמוד וללמד  
TO LEARN AND  
TO TEACH



# HIGH HOLY DAY APPEAL

5783 is poised to be an incredible year of fresh new growth and community at Shaaray Tefila! We are thrilled to welcome our first Cantor, open our Teen Center, and continue to expand social action projects locally and globally along with weekly services and community gatherings.

All these blessings only happen because we as a community continue to invest in Temple Shaaray Tefila with our time, talent, and treasure. Your support of the High Holy Day appeal during these Days of Awe will be critical to help us continue to secure our future. Please give generously today.

Sharon Feldman  
President

[CLICK HERE CONTRIBUTE TO THE HIGH HOLY DAY APPEAL AND OUR FUTURE](#)





## Temple **Shaaray Tefila**

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Temple Shaaray Tefila  
Established 1976

**Main Office:** 914.666.3133  
Main Office Fax: 914.412.9905  
Website: [www.shaaraytefila.org](http://www.shaaraytefila.org)